



**BOYS & GIRLS CLUBS**  
OF CENTRAL MINNESOTA



# GREAT FUTURES START HERE

We are pleased to announce that Little Falls Boys & Girls Club has officially united with Boys & Girls Clubs of Central Minnesota, effective October 5, 2023!

This partnership will provide the Little Falls Club with access to expanded programs and services, as well as additional training and support resources for Little Falls staff. It will enable the Little Falls Club to have a greater impact on youth served in the community. In partnership with Central Minnesota, the Little Falls Boys & Girls Club's mission will be: to do whatever it takes to empower all youth to reach their full potential.

## HOURS

School year: 2 - 7 p.m.  
Summer: 7 a.m. - 6 p.m.

## COMMUNITY REACH



### 266 MEMBERS

Youth in grades K-12  
46% Teens  
61% Males  
39% Females  
50 Average Daily Attendance



### 78%

Qualify for free or  
reduced price lunches



### 334

Meals served

### 1,112

Snacks served



320-257-5424



509 West Broadway, Little Falls



club@bgcmn.org



www.bgcmn.org



# OUR IMPACT

When a Little Falls Club member started falling behind in his school work, his mom and dad turned to the Club for help. The Club staff contacted the teacher and found out he was throwing his homework away or not telling the staff he had any. After the staff met with the teacher and his parents, they made a plan to help him achieve academic success. The teacher emailed Club staff when he had homework and what the assignment was. After about 2 months of working with the youth, he caught up in school and began to understand the importance of doing homework.

## OUR PROGRAMS

### POWER HOUR

This program provides Club professionals with strategies, activities, resources and information to create an engaging homework help and tutoring program that encourages Club members to become self-learners.

### SMART MOVES

This nationally acclaimed comprehensive prevention program helps young people improved emotional wellness, build healthy relationships, and resist alcohol, tobacco and other drug use. SMART Moves features engaging, interactive, small-group activities that increase participants' peer support, enhance their skills, build their resiliency and strengthen their leadership skills.

### CAREER LAUNCH

Career Launch encourages Club members to assess their skills and interests, explore careers, make sound educational decisions and prepare to join our nation's ever-changing work force. Club staff work with teens individually or in small groups to build their job-search skills and job readiness.

### THE ARTS

The arts enable youth to develop their creativity and cultural awareness through knowledge and appreciation of visual arts, crafts, sculpture, photography, music, dance and performing arts, and more.



## BELLA'S STORY

Bella is in 9th grade at Little Falls High School, and she has been a Club member for 9 years. Bella's favorite program is TransfrVR - a virtual reality program that gives teens hands-on experiences in career fields like construction, health sciences, manufacturing, transportation, hospitality and more.

Bella is interested in exploring careers in mechanics and engineering, and programs like TransfrVR teach her different aspects of the field without leaving the Club. Bella is also excited about the new E-Sports lounge at the Little Falls Club.

Bella says the Club feels like her home away from home. "I like being able to just be myself at the Club and have good role models in my life."